

# Post-Viral Olfactory Loss: A Survey of One Hundred and Twenty Patient Experiences

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April 28, 2020

## Abstract

1. The age range of patients responding to the survey was 28-85 with a mean of  $58 \pm 12$  years with the duration of their disorder less than 5 years in 63% of cases.
2. Patients experience variable treatment, if at all, for post-viral olfactory loss
3. If treatment is given oral and/or intranasal steroids are typically given.
4. Several patients reported receiving imaging despite this not being clinically useful when there is a clear history and normal examination.
5. Over two thirds of patients experience parosmia and up to 5 years of the onset of the problem were still actively seeking a solution.

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Suffering With PVOL- Fifth Sense Members' Survey Paper 1.1.docx available at <https://authorea.com/users/314083/articles/446288-post-viral-olfactory-loss-a-survey-of-one-hundred-and-twenty-patient-experiences>